



YOUR COMMUNITY

JANUARY

ANNOUNCEMENTS & EVENTS:

JANUARY BIRTHDAYS!

- Amy Ramsey 1/6
- Conrad Cormier 1/22

MONTHLY EVENTS & SPECIAL DAYS

- National Bird Day
- Strawberry Ice Cream Day
- Cheese Lover's Day
- Marshmallow Monday
- Dunkin Donuts Coffee Social
- Polar Bear Walking Club
- Winter Flower Arranging

STAFF DIRECTORY:

Jessica Ferreira,
Executive Director

Frank Rende, Director of
Community Relations

Margie Gagnon, Director
of Business Administration

Kimberly Marfyak,
Resident Care Director

Katie Scott,
EnrichedLIFE Director

Bethann Mitchell, Director of
Compass Programming

Ash Dassanayake,
Director of Dining Experience

James Moynihan, Director of
Building & Grounds

How will you spend your day?

The quest for knowledge, inspiration and enrichment is lifelong.



View event photos on our Community facebook page.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
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January 2021



<p>3</p> <ul style="list-style-type: none"> 10:00 Daily Chronicle 10:30 Sit & Be Fit 10:30 Sit & Be Fit 11:30 Glamorous Nails 2:00 Giant Crossword Puzzle 2:00 Movie Matinee 3:00 Let's Play Bingo 4:00 Social Hour 6:30 Comedy Movie Night 	<p>4</p> <ul style="list-style-type: none"> 10:00 Daily Chronicle 10:30 Chair Aerobics 11:00 Get Tech Savvy 1:00 Creative Coloring 1:30 What's Cooking? w/ Deanna 3:00 Aromatherapy & Relaxation 4:00 Social Hour 6:30 Musical Monday Movie 	<p>5 National Bird Day</p> <ul style="list-style-type: none"> 10:00 Daily Chronicle 10:30 Move & Groove Exercise 11:00 Rosary w/ Connie 11:00 POKENO 1:15 Documentary 2:00 Let's Get Crafty: Bird Feeder Craft 3:00 All Request Radio 4:00 Social Hour 6:30 Movie Night 	<p>6</p> <ul style="list-style-type: none"> 10:00 Daily Chronicle 10:30 Chair Yoga 11:30 Painting w/ Marianne 1:15 Needlepoint on Canvas 2:00 Dunkin Donuts Coffee Social 3:00 Documentary 4:00 Social Hour 6:30 Wednesday Movie Night 	<p>7</p> <ul style="list-style-type: none"> 10:00 Daily Chronicle 10:30 Get in Tip Top Shape 11:00 Musical Bingo 2:00 Bible Study w/ Connie 2:00 Fun in the Kitchen 3:00 Documentary 4:00 Social Hour 6:30 Game Night & Snacks 6:30 Movie Night & Popcorn 	<p>8 Happy New Year!</p> <ul style="list-style-type: none"> 10:00 Daily Chronicle 10:30 Fit to the Core Exercise 11:00 Knit & Crochet 1:15 Crafters Unite 2:00 New Year's Resolutions 3:00 Documentary 4:00 Social Hour 6:30 Romance Movie Night 	<p>9</p> <ul style="list-style-type: none"> 10:00 Daily Chronicle 10:30 Chair Yoga 11:00 Chair Yoga 11:30 Painting w/ Marianne 2:00 Educational Jingo 2:00 Movie Matinee 3:00 Polar Bear Walking Club 4:00 Karaoke Social Hour 6:30 Saturday Movie Night
<p>10</p> <ul style="list-style-type: none"> 10:00 Daily Chronicle 10:30 Sit & Be Fit 10:30 Sit & Be Fit 11:30 Glamorous Nails 2:00 Giant Crossword Puzzle 2:00 Movie Matinee 3:00 Let's Play Bingo 4:00 Social Hour 6:30 Comedy Movie Night 	<p>11</p> <ul style="list-style-type: none"> 10:00 Daily Chronicle 10:30 Chair Aerobics 11:00 Get Tech Savvy 1:00 Creative Coloring 1:30 What's Cooking? w/ Deanna 3:00 Aromatherapy & Relaxation 4:00 Social Hour 6:30 Musical Monday Movie 	<p>12</p> <ul style="list-style-type: none"> 10:00 Daily Chronicle 10:30 Move & Groove Exercise 11:00 Rosary w/ Connie 11:00 POKENO 1:15 Documentary 2:00 Let's Get Crafty 3:00 All Request Radio 4:00 Social Hour 6:30 Movie Night 	<p>13</p> <ul style="list-style-type: none"> 10:00 Daily Chronicle 10:30 Chair Yoga 11:30 Painting w/ Marianne 1:15 Needlepoint on Canvas 2:00 Hot Topics 3:00 Documentary 4:00 Social Hour 6:00 Book Club 6:30 Wednesday Movie Night 	<p>14</p> <ul style="list-style-type: none"> 10:00 Daily Chronicle 10:30 Get in Tip Top Shape 11:00 Musical Bingo 2:00 Bible Study w/ Connie 2:00 Fun in the Kitchen 3:00 Documentary 4:00 Social Hour 6:30 Bingo & Snacks 6:30 Movie Night & Popcorn 	<p>15 Strawberry Ice Cream Day!</p> <ul style="list-style-type: none"> 10:00 Daily Chronicle 10:30 Fit to the Core Exercise 11:00 Knit & Crochet 1:15 Crafters Unite 2:00 Celebrate Strawberry Ice Cream Day 3:00 Documentary 4:00 Social Hour 6:30 Romance Movie Night 	<p>16</p> <ul style="list-style-type: none"> 10:00 Daily Chronicle 10:30 Chair Yoga 11:00 Chair Yoga 11:30 Painting w/ Marianne 2:00 Educational Jingo 2:00 Movie Matinee 3:00 Polar Bear Walking Club 4:00 Karaoke Social Hour 6:30 Saturday Movie Night
<p>17</p> <ul style="list-style-type: none"> 10:00 Daily Chronicle 10:30 Sit & Be Fit 10:30 Sit & Be Fit 11:30 Glamorous Nails 2:00 Giant Crossword Puzzle 2:00 Movie Matinee 3:00 Let's Play Bingo 4:00 Social Hour 6:30 Comedy Movie Night 	<p>18 Martin Luther King, Jr. Day</p> <ul style="list-style-type: none"> 10:00 Daily Chronicle 10:30 Chair Aerobics 11:00 Martin Luther King, Jr. Discussion 1:00 Creative Coloring 1:30 What's Cooking? w/ Deanna 3:00 Aromatherapy & Relaxation 4:00 Social Hour 6:30 Musical Monday Movie 	<p>19</p> <ul style="list-style-type: none"> 10:00 Daily Chronicle 10:30 Move & Groove Exercise 11:00 Rosary w/ Connie 11:00 POKENO 1:15 Documentary 2:00 Resident Council Meeting 3:00 Food Committee Meeting 4:00 Social Hour 6:30 Movie Night 	<p>20 Cheese Lover's Day</p> <ul style="list-style-type: none"> 10:00 Daily Chronicle 10:30 Chair Yoga 11:30 Painting w/ Marianne 1:15 Needlepoint on Canvas 2:00 Hot Topics 3:00 Documentary 4:00 Cheesy Social Hour 6:30 Wednesday Movie Night 	<p>21</p> <ul style="list-style-type: none"> 10:00 Daily Chronicle 10:30 Get in Tip Top Shape 11:00 Musical Bingo 2:00 Bible Study w/ Connie 2:00 Fun in the Kitchen 3:00 Documentary 4:00 Social Hour 6:30 Game Night & Snacks 6:30 Movie Night & Popcorn 	<p>22</p> <ul style="list-style-type: none"> 10:00 Daily Chronicle 10:30 Fit to the Core Exercise 11:00 Knit & Crochet 1:15 Crafters Unite 2:00 Hot Topics 3:00 Documentary 4:00 Social Hour 6:30 Romance Movie Night 	<p>23</p> <ul style="list-style-type: none"> 10:00 Daily Chronicle 10:30 Chair Yoga 11:00 Chair Yoga 11:30 Painting w/ Marianne 2:00 Educational Jingo 2:00 Movie Matinee 3:00 Polar Bear Walking Club 4:00 Karaoke Social Hour 6:30 Saturday Movie Night
<p>24</p> <ul style="list-style-type: none"> 10:00 Daily Chronicle 10:30 Sit & Be Fit 10:30 Sit & Be Fit 11:30 Glamorous Nails 2:00 Giant Crossword Puzzle 2:00 Movie Matinee 3:00 Let's Play Bingo 4:00 Social Hour 6:30 Comedy Movie Night 	<p>25 Marshmallow Monday</p> <ul style="list-style-type: none"> 10:00 Daily Chronicle 10:30 Chair Aerobics 11:00 Get Tech Savvy 1:00 Creative Coloring 1:30 What's Cooking? w/ Deanna 3:00 Aromatherapy & Relaxation 4:00 Social Hour 6:30 Musical Monday Movie 	<p>26</p> <ul style="list-style-type: none"> 10:00 Daily Chronicle 10:30 Move & Groove Exercise 11:00 Rosary w/ Connie 1:00 POKENO 1:15 Documentary 2:00 Winter Flower Arranging 3:00 All Request Radio 4:00 Social Hour 6:30 Movie Night 	<p>27</p> <ul style="list-style-type: none"> 10:00 Daily Chronicle 10:30 Chair Yoga 11:30 Painting w/ Marianne 1:15 Needlepoint on Canvas 2:00 Fancy Bagels & Coffee 3:00 Documentary 4:00 Social Hour 6:00 Book Club 6:30 Wednesday Movie Night 	<p>28</p> <ul style="list-style-type: none"> 10:00 Daily Chronicle 10:30 Get in Tip Top Shape 11:00 Musical Bingo 2:00 Bible Study w/ Connie 2:00 Fun in the Kitchen 3:00 Documentary 4:00 Social Hour 6:30 Bingo & Snacks 6:30 Movie Night & Popcorn 	<p>29</p> <ul style="list-style-type: none"> 10:00 Daily Chronicle 10:30 Fit to the Core Exercise 11:00 Knit & Crochet 1:15 Crafters Unite 2:00 Hot Topics 3:00 Documentary 4:00 Social Hour 6:30 Romance Movie Night 	<p>30</p> <ul style="list-style-type: none"> 10:00 Daily Chronicle 10:30 Chair Yoga 11:00 Chair Yoga 11:30 Painting w/ Marianne 2:00 Educational Jingo 2:00 Movie Matinee 3:00 Polar Bear Walking Club 4:00 Karaoke Social Hour 6:30 Saturday Movie Night

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- 10:00 Daily Chronicle
- 10:30 Sit & Be Fit
- 10:30 Sit & Be Fit
- 11:30 Glamorous Nails
- 2:00 Giant Crossword Puzzle
- 2:00 Movie Matinee
- 3:00 Let's Play Bingo
- 4:00 Social Hour
- 6:30 Comedy Movie Night



Program Key:

Physical	Outings	Cognitive	Entertainment
Social	Spiritual	Emotional/Expressive Arts	

** Programs are subject to change based on resident interests.*