

















































































LOCATION KEY

TL Terrace Level	DR Dining Room	G Garden	G Garden
C Cafe	TR Terrace Room	L Lobby	GTR Garden/Terrace Room
C Cafe			

WELLNESS TAGS

 Spiritual	 Social
 Cognitive	 Mental & Emotional Well Being
 Physical	

*All Events are Subject to Change

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1 9:00  Stretch & Tone 1 with Kingsley 9:30  Stretch & Tone 2 with Kingsley 2:00  Afternoon Documentary
2 10:00  Coffee & Conversation 2:30  Afternoon Documentary	3 10:30  Exercise 1 with Sergio 11:00  Exercise 2 with Sergio 1:30 Hand Work Group 1:30  Resident Round Table 2:15 Resident Round Table 2 3:00  Play Reading	4 10:30  Stretch & Tone 1 with Kingsley 11:00  Stretch & Tone 2 with Kingsley 2:00  Jewelry Making 3:00  Bingo	5 Cinco de Mayo 10:30  Exercise 1 with Sergio 11:00  Exercise 2 with Sergio 2:00  Tai Chi with Ruth 3:00 Lemonade and Conversation Nail Filing and Polish	6 10:30  Stretch & Tone 1 with Kingsley 11:00  Stretch & Tone 2 with Kingsley 2:00 Thursday Talks 3:00 Classical Music Group	7 10:00 Garden Group 10:30 Exercise 1 with Sergio 11:00 Exercise 2 with Sergio 1:30  Jewelry Making 2:00  Poetry Reading 3:00 Sherbet in the Garden	8 9:00  Stretch & Tone 1 with Kingsley 9:30  Stretch & Tone 2 with Kingsley 12:30 Men's Group 3:00  Afternoon Documentary
9 Mother's Day 10:00  Coffee & Conversation 2:30  Afternoon Documentary	10 10:30  Exercise 1 with Sergio 11:00  Exercise 2 with Sergio 1:30 Hand Work Group 2:00 History Documentary 3:00  Play Reading 4:00 Artist Reception	11 Library drop off/pickup 10:30  Stretch & Tone 1 with Kingsley 11:00  Stretch & Tone 2 with Kingsley 2:00  Jewelry Making 2:30 Classical Pianist Michael L. 3:00  Bingo	12 10:30  Exercise 1 with Sergio 11:00  Exercise 2 with Sergio 2:00  Tai Chi with Ruth 2:00 Wine Discussion Group 3:00 Lemonade and Conversation	13 10:30  Stretch & Tone 1 with Kingsley 11:00  Stretch & Tone 2 with Kingsley 2:00 Thursday Talks 3:00 Classical Music Group	14 10:00 Garden Group 10:30 Exercise 1 with Sergio 11:00 Exercise 2 with Sergio 1:30  Jewelry Making 2:00  Poetry Reading 3:00  Friday Happy Hour	15 Happy Birthday Louisa! 9:00  Stretch & Tone 1 with Kingsley 9:30  Stretch & Tone 2 with Kingsley 1:30 Reflections with Lisa 3:00  Afternoon Documentary
16 10:00  Coffee & Conversation 2:00  Afternoon Documentary 3:00 Richard Travers	17 Happy Birthday Mary Kay! 10:30  Exercise 1 with Sergio 11:00  Exercise 2 with Sergio 1:30 Hand Work Group 2:00 History Documentary 3:00  Play Reading	18 10:30  Stretch & Tone 1 with Kingsley 11:00  Stretch & Tone 2 with Kingsley 2:00  Jewelry Making 3:00  Bingo	19 Happy Birthday Lang! 10:30  Exercise 1 with Sergio 11:00  Exercise 2 with Sergio 1:30 Ice Cream Trip 3:00 Lemonade and Conversation Nail Filing and Polish	20 10:30  Stretch & Tone 1 with Kingsley 11:00  Stretch & Tone 2 with Kingsley 2:00 Thursday Talks 3:00 Classical Music Group	21 10:00 Garden Group 10:30 Exercise 1 with Sergio 11:00 Exercise 2 with Sergio 11:30 Grab Your Passport Lunch-Greece 12:45 Grab Your Passport Lunch-Greece 1:30  Jewelry Making 2:00  Poetry Reading 3:00 Root Beer Floats	22 9:00  Stretch & Tone 1 with Kingsley 9:30  Stretch & Tone 2 with Kingsley 3:00  Afternoon Documentary
23 10:00  Coffee & Conversation 2:00 History Lecture with Paolo 3:00  Afternoon Documentary	24 Happy Birthday Faith! 10:30  Exercise 1 with Sergio 11:00  Exercise 2 with Sergio 1:30 Hand Work Group 2:00 History Documentary 3:00  Play Reading	25 10:30  Stretch & Tone 1 with Kingsley 11:00  Stretch & Tone 2 with Kingsley 1:30 Food Forum 2:00  Jewelry Making 3:00  Bingo	26 10:30  Exercise 1 with Sergio 11:00  Exercise 2 with Sergio 3:00 Community Connection "Pam" 3:00 Lemonade and Conversation	27 10:30  Stretch & Tone 1 with Kingsley 11:00  Stretch & Tone 2 with Kingsley 2:00 Thursday Talks 3:00 Classical Music Group	28 10:00 Garden Group 10:30 Exercise 1 with Sergio 11:00 Exercise 2 with Sergio 1:30  Jewelry Making 2:00  Poetry Reading 3:00  Friday Happy Hour/LAA "Nurses"	29 9:00  Stretch & Tone 1 with Kingsley 9:30  Stretch & Tone 2 with Kingsley 2:00  Afternoon Documentary 3:00 Classical Pianist Michael L. Check the daily sheets for programs on the 30th and 31st!