



FARMINGTON STATION

JULY

**ANNOUNCEMENTS
& EVENTS:**

JULY BIRTHDAYS!

- EVELYN P. 7/10
- JACQUELINE C. 7/10
- HELEN L. 7/14
- RUTH P. 7/15
- ESTHER G. 7/20
- JOYCE B. 7/22
- LARS G. 7/29

MONTHLY EVENTS & SPECIAL DAYS

- 4th of July BBQ
- Live Musical Entertainment
- Spa Day w/ Happy Home Care
- Watermelon Feta Basil Salad
- Fancy Bagels & Coffee
- Hot Fudge Sundae Day
- Hula Hoop Contest

STAFF DIRECTORY:

Jessica Ferreira,
Executive Director

Margie Gagnon, Director
of Business Administration

Katie Scott,
EnrichedLIFE Director

Bethann Mitchell, Director of
Compass Programming

James Moynihan, Director of
Building & Grounds

Dorothy Bonacum, Director of
Community Relations

How will you spend your day?

The quest for knowledge, inspiration and enrichment is lifelong.



View event photos on our Community facebook page.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
--------	--------	---------	-----------	----------	--------	----------

July

- Program Key:**
- Physical
 - Cognitive
 - Entertainment
 - Spiritual
 - Emotional/Expressive Arts
 - Outings
 - Social

- 1 International Joke Day**
- 10:00 Daily Chronicle
 - 10:30 Chair Yoga
 - 11:00 Pass the Pigs Game
 - 12:45 Jukebox Favorites
 - 1:30 Get in Tip Top Shape
 - 2:00 Bible Study w/ Connie
 - 3:00 Coffee & Jokes
 - 3:30 Jewelry Cleaning
 - 4:00 Social Hour
 - 6:30 Bingo Night w/ Paul B.
 - 6:30 Romance Movie Night

- 2**
- 10:00 Daily Chronicle
 - 10:30 Fit to the Core Exercise
 - 11:00 Knit & Crochet
 - 11:00 Documentary
 - 1:15 Learn to Play Mexican Train
 - 1:30 Get in Tip Top Shape
 - 2:00 Fun in the Kitchen: Homemade Strawberry Jam
 - 3:00 Netflix Series: Virgin River
 - 3:00 Giant Crossword Puzzle
 - 4:00 Social Hour
 - 6:30 Movie Night & Popcorn

- 3**
- 10:00 Daily Chronicle
 - 10:30 Chair Yoga & 11:00 Chair Yoga
 - 11:30 Painting w/ Marianne
 - 2:00 Movie Matinee
 - 2:00 Bob Newhart Show
 - 2:15 Crafters Unite
 - 3:00 Kings in the Corner
 - 4:00 Karaoke Social Hour
 - 6:30 Saturday Movie Night

- 4 Independence Day**
- 10:00 Daily Chronicle
 - 10:30 & 11:00 Sit & Be Fit
 - 11:30 Backyard Games w/ Michael
 - 12:00 4th of July BBQ
 - 2:00 Popsicles & Trivia
 - 2:00 Movie Matinee
 - 3:00 Card Games/ Board Games
 - 4:00 Patriotic Social Hour
 - 6:30 First Sunday Musical

- 5 Graham Cracker Day**
- 10:00 Daily Chronicle
 - 10:30 Chair Aerobics
 - 11:00 Textile Design: Citrus Printed Tea Towels
 - 11:00 Poetry w/ Andy Weil
 - 1:30 Get in Tip Top Shape
 - 1:30 What's Cooking? Magic Bars
 - 3:00 Human Bingo
 - 4:00 S'more Social Hour
 - 6:30 Drama Movie Night

- 6 Frida Kahlo Day**
- 10:00 Daily Chronicle
 - 10:30 Move & Groove Exercise
 - 11:00 Rosary w/ Connie
 - 11:00 Painting w/ Deanna
 - 1:15 Documentary: Frida Kahlo
 - 1:15 Learn to Play Rummy Card Games
 - 1:30 Get in Tip Top Shape
 - 2:00 Spa Day w/ Happy Home Care
 - 3:00 Iced Tea & Famous Faces
 - 4:00 Social Hour
 - 5:00 Professor Burinskas Piano Hour
 - 6:30 Action Movie Night

- 7 Grab Your Passport- CANADA**
- 10:00 Daily Chronicle
 - 10:30 Chair Yoga
 - 11:00 Morning Musical Entertainment w/ Larry Batter
 - 1:00 Anne of Green Gables
 - 1:15 Needlepoint on Canvas
 - 1:30 Get in Tip Top Shape
 - 2:00 Maple Cream Cookies & Coffee
 - 3:00 Destination Canada Documentary
 - 3:00 Moose Tracks Walking Club
 - 4:00 Canadian Social Hour
 - 6:30 Wednesday Movie Night

- 8**
- 10:00 Daily Chronicle
 - 10:30 Chair Yoga
 - 11:00 Fancy Bagels & Coffee
 - 12:45 Jukebox Favorites
 - 1:30 Get in Tip Top Shape
 - 2:00 Afternoon Musical Entertainment w/ Manny Lopes
 - 3:00 Bible Study w/ Connie
 - 4:00 Social Hour
 - 6:30 Bingo Night w/ Paul B.
 - 6:30 Romance Movie Night

- 9 Sugar Cookie Day**
- 10:00 Daily Chronicle
 - 10:30 Fit to the Core Exercise
 - 11:00 Knit & Crochet
 - 11:00 Documentary
 - 1:15 Bridge Club
 - 1:30 Get in Tip Top Shape
 - 2:00 Fun in the Kitchen: Sugar Cookies
 - 3:00 Netflix Series: Virgin River
 - 3:00 Fishing Derby in the Backyard
 - 4:00 Social Hour
 - 6:30 Movie Night & Popcorn

- 10**
- 10:00 Daily Chronicle
 - 10:30 Chair Yoga & 11:00 Chair Yoga
 - 11:30 Painting w/ Marianne
 - 2:00 Movie Matinee
 - 2:00 I Love Lucy Show
 - 2:15 Giant Crossword Puzzle
 - 3:00 Game of UNO
 - 4:00 Karaoke Social Hour
 - 6:30 Saturday Movie Night

- 11 Slurpee Day**
- 10:00 Daily Chronicle
 - 10:30 & 11:00 Sit & Be Fit
 - 11:30 Glamorous Nails
 - 2:00 7-11 Slurpees
 - 2:00 Movie Matinee
 - 3:00 Resident Led Rummikub
 - 3:00 Crafts: Make a Worry Doll
 - 4:00 Social Hour
 - 6:30 Comedy Movie Night

- 12**
- 10:00 Daily Chronicle
 - 10:30 Chair Aerobics
 - 11:00 Morning Musical Entertainment w/ Shawn Taylor
 - 1:00 Human Bingo: Photo Challenge
 - 1:30 Get in Tip Top Shape
 - 1:30 What's Cooking? Watermelon Feta Basil Salad
 - 3:00 Beltone Service Center & Check
 - 3:00 Textile Design: Straw Beach Hat Design
 - 4:00 Social Hour
 - 6:30 Drama Movie Night

- 13 Cow Appreciation Day**
- 10:00 Daily Chronicle
 - 10:30 Move & Groove Exercise
 - 11:00 Rosary w/ Connie
 - 11:00 Painting w/ Deanna
 - 1:15 Cowspracy: The Sustainability Secret
 - 1:15 A game of Setback
 - 1:30 Get in Tip Top Shape
 - 2:00 Aromatherapy & Relaxation
 - 3:00 Lemonade & Music Requests
 - 4:00 Social Hour
 - 5:00 Professor Burinskas Piano Hour
 - 6:30 Action Movie Night

- 14 Shark Awareness Day**
- 10:00 Daily Chronicle
 - 10:30 Chair Yoga
 - 11:00 Learn to Play Hand & Foot
 - 1:15 Needlepoint on Canvas
 - 1:30 Get in Tip Top Shape
 - 2:00 Horse Racing Game
 - 3:00 Shark Documentary
 - 3:00 Spring Chickens Walking Club
 - 4:00 Social Hour
 - 6:30 Wednesday Movie Night

- 15**
- 10:00 Daily Chronicle
 - 10:30 Chair Yoga
 - 11:00 Non Denominational Church Service w/ Reverend Zack
 - 11:00 A Game of Sequence
 - 12:45 Jukebox Favorites
 - 1:30 Get in Tip Top Shape
 - 2:00 Afternoon Musical Entertainment w/ Walter Martin
 - 3:00 Bible Study w/ Connie
 - 4:00 Social Hour
 - 6:30 Bingo Night w/ Paul B.
 - 6:30 Romance Movie Night

- 16**
- 10:00 Daily Chronicle
 - 10:30 Fit to the Core Exercise
 - 11:00 Knit & Crochet
 - 11:00 Documentary
 - 1:15 Learn to Play Mexican Train
 - 1:30 Get in Tip Top Shape
 - 2:00 Fun in the Kitchen: Old Fashioned Jello Mold
 - 3:30 Netflix Series: Virgin River
 - 3:00 Right, Left, Center Game
 - 4:00 Social Hour
 - 6:30 Movie Night & Popcorn

- 17**
- 10:00 Daily Chronicle
 - 10:30 Chair Yoga & 11:00 Chair Yoga
 - 11:30 Painting w/ Marianne
 - 2:00 Movie Matinee
 - 2:00 Lawrence Welk Show
 - 2:15 Learn Quilling
 - 3:00 Let's Play Blokus
 - 4:00 Karaoke Social Hour
 - 6:30 Saturday Movie Night

- 18 National Ice Cream Day**
- 10:00 Daily Chronicle
 - 10:30 & 11:00 Sit & Be Fit
 - 11:30 Glamorous Nails
 - 2:00 Ice Cream Social
 - 2:00 Movie Matinee
 - 3:00 Resident Led Giant Yahtzee
 - 3:00 Crafts: Garden Gnome
 - 4:00 Social Hour
 - 6:30 Comedy Movie Night

- 19**
- 10:00 Daily Chronicle
 - 10:30 Chair Aerobics
 - 11:00 Morning Musical Entertainment w/ Tom Sansone
 - 1:00 Human Bingo: Music Edition
 - 1:30 Get in Tip Top Shape
 - 1:30 What's Cooking? Root Beer Ice Cream Floats
 - 3:00 Textile Design: Mini Fabric Quilts
 - 4:00 Social Hour
 - 6:30 Drama Movie Night

- 20 Lollipop Day**
- 10:00 Daily Chronicle
 - 10:30 Move & Groove Exercise
 - 11:00 Rosary w/ Connie
 - 11:00 Painting w/ Deanna
 - 1:15 Documentary
 - 1:15 Gin Rummy Card Game
 - 1:30 Get in Tip Top Shape
 - 2:00 Resident Council Meeting
 - 3:00 Food Committee Meeting
 - 4:00 Social Hour
 - 5:00 Professor Burinskas Piano Hour
 - 6:30 Action Movie Night

- 21 Junk Food Day**
- 10:00 Daily Chronicle
 - 10:30 Chair Yoga
 - 11:00 Hot Topics & Coffee
 - 1:15 Needlepoint on Canvas
 - 1:30 Get in Tip Top Shape
 - 2:00 Lifetime Achievement Award
 - 2:30 Crafters Unite
 - 3:00 Spring Chickens Walking Club
 - 4:00 Junk Food Social Hour
 - 6:30 Wednesday Movie Night

- 22**
- 10:00 Daily Chronicle
 - 10:30 Chair Yoga
 - 11:00 Horse Racing Game
 - 11:00 Resident Ambassador Meeting
 - 12:45 Jukebox Favorites
 - 1:30 Get in Tip Top Shape
 - 2:00 Afternoon Musical Entertainment w/ Jim Harkins
 - 3:00 Bible Study w/ Connie
 - 4:00 Social Hour
 - 6:30 Bingo Night w/ Paul B.
 - 6:30 Romance Movie Night

- 23 Disneyland's Birthday**
- 10:00 Daily Chronicle
 - 10:30 Fit to the Core Exercise
 - 11:00 Knit & Crochet
 - 11:00 Documentary
 - 1:15 Bridge Club
 - 1:30 Get in Tip Top Shape
 - 2:00 Memorial Service
 - 3:00 Fun in the Kitchen: Yogurt Parfaits
 - 3:00 Netflix Series: Virgin River
 - 4:00 Social Hour
 - 6:30 Disney Movie Night & Popcorn

- 24**
- 10:00 Daily Chronicle
 - 10:30 Chair Yoga & 11:00 Chair Yoga
 - 11:30 Painting w/ Marianne
 - 2:00 Movie Matinee
 - 2:00 Carol Burnett Show
 - 2:15 Outdoor Yard Games
 - 3:00 Bridge Club
 - 4:00 Karaoke Social Hour
 - 6:30 Saturday Movie Night

- 25 Hot Fudge Sundae Day**
- 10:00 Daily Chronicle
 - 10:30 & 11:00 Sit & Be Fit
 - 11:30 Glamorous Nails
 - 2:00 Hot Fudge Sundaes
 - 2:00 Movie Matinee
 - 3:00 Resident Led Rummikub
 - 3:00 Crafts: Sailors Knot Keychain
 - 4:00 Social Hour
 - 6:30 Comedy Movie Night

- 26**
- 10:00 Daily Chronicle
 - 10:30 Chair Aerobics
 - 11:00 Coffee & Trivia
 - 11:30 Outdoor Games: Cornhole
 - 1:00 Human Bingo: Photo Challenge
 - 1:30 Get in Tip Top Shape
 - 1:30 What's Cooking? Walking Tacos
 - 3:00 Textile Design: Sandpaper & Crayon Print
 - 4:00 Social Hour
 - 6:30 Drama Movie Night

- 27 Hula Hoop Day**
- 10:00 Daily Chronicle
 - 10:30 Move & Groove Exercise
 - 11:00 Morning Musical Entertainment w/ James Sheehan
 - 1:30 Painting w/ Deanna
 - 1:30 Get in Tip Top Shape
 - 2:00 Rosary w/ Connie
 - 3:00 Aromatherapy & Relaxation
 - 4:00 Social Hour: Hula Hoop Contest
 - 5:00 Professor Burinskas Piano Hour
 - 6:30 Action Movie Night

- 28**
- 10:00 Daily Chronicle
 - 10:30 Chair Yoga
 - 11:00 Pass the Pigs Game
 - 1:15 Needlepoint on Canvas
 - 2:00 Garden Party
 - 3:00 Documentary
 - 3:00 Spring Chickens Walking Club
 - 4:00 Social Hour
 - 6:30 Wednesday Movie Night

- 29 Chicken Wings Day**
- 10:00 Daily Chronicle
 - 10:30 Chair Yoga
 - 11:00 Dunkin Donuts Social
 - 12:45 Jukebox Favorites
 - 1:30 Get in Tip Top Shape
 - 2:00 Bible Study w/ Connie
 - 3:00 Department Board Meeting
 - 4:00 Chicken Wing Social Hour
 - 6:30 Bingo Night w/ Paul B.
 - 6:30 Romance Movie Night

- 30 National Cheesecake Day**
- 10:00 Daily Chronicle
 - 10:30 Fit to the Core Exercise
 - 11:00 Knit & Crochet
 - 11:00 Documentary
 - 1:15 Learn to Play Mexican Train
 - 1:30 Get in Tip Top Shape
 - 3:00 Fun in the Kitchen: Cheesecake
 - 3:00 Netflix Series: Virgin River
 - 3:00 Giant Crossword Puzzle
 - 4:00 Social Hour
 - 6:30 Movie Night & Popcorn

- 31**
- 10:00 Daily Chronicle
 - 10:30 Chair Yoga & 11:00 Chair Yoga
 - 11:30 Painting w/ Marianne
 - 2:00 Movie Matinee
 - 2:00 Dean Martin Show
 - 2:15 Crafters Unite
 - 3:00 Kings in the Corner
 - 4:00 Karaoke Social Hour
 - 6:30 Saturday Movie Night